

Вступительная работа по английскому языку в 7 классе ДЕМОВЕРСИЯ

Vocabulary

1. Match 1–5 with a–e to make sentences. (5 points)

- | | |
|----------------------------------|------------------------------|
| 1 The newspaper started a | a an online petition. |
| 2 This talented artist has won | b the world. |
| 3 If you're curious, you'll gain | c knowledge easily. |
| 4 He was keen on starting | d several awards. |
| 5 Being creative helps to change | e campaign against pollution |

2. Complete the text with the correct form of the verbs in the box. There are three extra verbs. (5 points)

do draw revise set up watch

There are many learning techniques you can use in self-study. If you want to learn a foreign language, you can **1** _____ a conversation exchange. If you want to learn to sew, you could **2** _____ video tutorials. And if you just need to **3** _____ for a test, you should **4** _____ mind maps. Finally, when you really need support, you can **5** _____ your own study group.

3. Choose the correct option. (5 points)

- 1 He came **up/down** with a solution for uncomfortable office chairs.
- 2 They **made/did** the discovery completely by accident!
- 3 To learn more about the sea, scientists need to **do/make** a lot more research.
- 4 If you've forgotten your login details, you'll need to **report/set** a new password.
- 5 She's just **installed/updated** her profile and uploaded a new photo.

4. Correct the underlined part of each phrasal verb. (5 points)

Last year, I decided to **1 get by** _____ of my comfort zone and go travelling on my own. When I **2 set in** _____, I felt really nervous. But the moment I saw the hotel and **3 checked about** _____, I was delighted – the view from my room was amazing. There were lots of things to do, but I spent most of my time **4 chilling up** _____. I even **5 switched down** _____ my phone, and when I got back home I was a new person!

5. Choose the correct option. (5 points)

- 1 The lawyer _____ the family not to speak to the journalist.
a advised b agreed c promised
- 2 The interviewee _____ to answer the interviewer's question.
a suggested b refused c told
- 3 The blogger _____ her followers to comment on her post.
a explained b asked c agreed
- 4 The tabloid _____ that their sources weren't reliable.
a admitted b refused c offered
- 5 The reporter _____ to keep the person's identity secret.
a told b explained c promised

Grammar

6. Complete the sentences with the correct form of the verb in brackets. (5 points)

- 1 My brother _____ (**buy**) a new laptop last week.
- 2 While the kids were _____ (**stay**) with their grandparents, their mum and dad did some DIY in the house.
- 3 The clothes in this shop used _____ (**be**) high quality, but now they're badly made.
- 4 I _____ (**not visit**) that website yet. Is it any good?
- 5 When Ben first went to Korea, he _____ (**not eat**) kimchi before.

7. Choose the correct option. (5 points)

- 1 The tech company hopes **to develop/developing** a new smartphone next year.
- 2 After **to learn/learning** French, he now wants to learn Portuguese.
- 3 She plans **to become/becoming** an engineer as she loves creating things.
- 4 I can't stand **to go/going** on cable cars – I'm afraid of heights!
- 5 We used to go to the beach all the time when we were young. We really miss **to see/seeing** the sea.

8. Complete the sentences with the correct relative pronoun. Use *who*, *which*, *where*, *when* or *whose*. (5 points)

- 1 Frida Kahlo is the artist _____ I admire the most.
- 2 The Galapagos Islands is the place _____ I've seen the most wild animals.
- 3 Saturday morning is the time _____ I sleep late.
- 4 Hanging out with my friends is the thing _____ makes me happy.
- 5 My dad is the man _____ advice I always take.

9. Rewrite the sentences with the present or past simple passive. Use *by* if necessary. (5 points)

1 Robots do a lot of work in food production.

2 Millions of people watch reality TV shows.

3 The company paid for my ticket to Mexico.

4 A professional photographer didn't take the photos.

5 Someone stole my selfie-stick!

10. Complete the sentences with the words in the box. (5 points)

didn't had were will won't

1 If you don't leave now, you _____ get stuck in a traffic jam.

2 They _____ go swimming unless their friends go.

3 If I _____ you, I'd install antivirus software on your laptop.

4 She wouldn't travel for work if she _____ need to.

5 Would you take up a new hobby if you _____ more time?

Reading

Are you ready to be hit by HIIT?

Keeping fit at home is so easy these days – there are hundreds of exercise sessions online and many of them are free. But have you ever tried a HIIT session?

HIIT stands for 'high-intensity interval training'. The sessions involve several repetitions of high-intensity exercise followed by short rest periods. An example would be running fast for 30 seconds followed by slow jogging or walking. The intense activity uses your anaerobic system, which gives you short bursts of energy quickly, but not for long. Professional sportspeople have used this style of training for years. It helps increase the explosions of power they need to be stronger and faster in their sport.

HIIT-style sessions are popular for multiple reasons. The biggest advantage is that each session doesn't take long – from 5 minutes to a recommended maximum of 30. This can be a huge benefit if you don't have much time or if you get easily bored. So, HIIT can be a valuable way of getting people into the habit of exercise. Another practical benefit is that you don't have to buy any equipment.

Short HIIT sessions could also be a good idea for schools, where more focus on academic achievement in the curriculum means there is less time for PE. Also, studies say that exercise increases academic performance, and some research has suggested that HIIT can improve cognitive ability, or brain-based skills. So, you can keep your body and brain fit at the same time!

As with all exercise, take care. With HIIT, there's an increased risk of injury and accidents, due to the quick movements and changes of exercise. And even though the sessions are short, you mustn't forget to warm up and cool down (do gentle exercises before and after the session). If you don't, your body will hurt

the next day! For me, there are more advantages than disadvantages, so you might want to try HIIT. The key thing, though, is to get active by doing something you enjoy.

11 Read the online article quickly and answer the questions. (5 points)

1 What's the general topic of the article?

2 What does HIIT mean?

3 What system is used during a HIIT session?

4 How long can a HIIT session last?

5 What mustn't you forget to do?

12 Read the text again and answer the questions. (5 points)

1 Who uses HIIT to improve how strong and fast they are?

2 Why would someone who doesn't have much money like HIIT sessions?

3 Why might the length of HIIT sessions be good for some schools?

4 What is one disadvantage of HIIT sessions?

5 What does the writer suggest is the most important thing?

Writing

Write a profile about someone you admire. It can be someone famous or someone you know. Use the prompts to help you. (5 points)

- the person's name and how you know them
- a short description of the person
- the person's main achievements
- the main reason you admire this person

Write approximately 120 words.

ПРИМЕЧАНИЕ

Время работы - 40 минут.

В демоверсии представлены примерные типы и форматы заданий вступительной работы для шестиклассников, поступающих в 7 класс в период с мая по сентябрь. Для семиклассников, поступающих в 7 класс в течение учебного года, задания будут заменены в соответствии с текущим материалом программы 7 класса.